

## **Should Christians use the Enneagram?**

Scripture admonishes Christians to be discerning and to "test everything" (1 Thessalonians 5:21). It is for that reason that I appreciate those who are asking questions about whether Christians should use the Enneagram.

While I don't want the Enneagram to become a distraction or replacement for Scripture, I believe there is much Christians can benefit from its use. I have found it helpful in coaching, relationship and team building, spiritual formation and discipleship to name a few. It has been a privilege and a joy to see people experience breakthrough in their spiritual journey through using this tool. That said, it is important to remember Christ is the one doing the transformational work. The Enneagram is just a tool like many other tools Christ can use for our spiritual formation.

Because of my devotion to Christ and my desire to use this tool within the context of scripture, I chose to get certified through an organization that shared those principles. Below is how that organization, Your Enneagram Coach YEC, responds to this question of whether Christians should use the Enneagram.

-Chip

### **From Your Enneagram Coach (YEC):**

The mission of YEC is for people to see themselves with astonishing clarity so they can break free from self-condemnation, fear, and shame by knowing and experiencing the unconditional love, forgiveness, and freedom in Christ.

Because of this mission, you will find us repeatedly stating that the Enneagram is a helpful tool, but it is the gospel of Jesus Christ that brings transformation...

The Enneagram is a communal tool. Unlike other founders of religions, sects, or movements, contemporary teachers of the Enneagram do not necessarily follow the ideas, beliefs, or practices of previous teachers. On the contrary, you will find that each Enneagram teacher presents the Enneagram according to their worldview, sometimes adding, subtracting, or redefining concepts contained in the Enneagram.

In our presentation of the Enneagram, we have removed, or redefined, all aspects of the Enneagram that do not align with a Biblical worldview. We direct people to spiritual disciplines, not unbiblical spiritual practices. Our goal, as laid out in our mission statement, seeks to focus people's attention upon the person and work of Jesus Christ.

**Here are some links to articles that others have found helpful:**

<https://relevantmagazine.com/god/enneagram-makes-sanctification-specific/>

[chuckdegroat.net a-response-to-joe-carters-tgc-blog](https://chuckdegroat.net/a-response-to-joe-carters-tgc-blog)

<https://www.russellmoore.com/2018/05/18/what-about-the-enneagram/>

<https://drive.google.com/file/d/1AA7qctxtjJ41BiOninl3wKVYwGeKdNz2/view?fbclid=IwAR0jbZl>

[yourenneagramcoach.com the-enneagram-and-gospel-freedom](https://yourenneagramcoach.com/the-enneagram-and-gospel-freedom)